

# SPA DAY MENU

Please choose a main, dessert and drink (upgrade options available)

## MAINS

**CHICKEN & BACON SALAD (GFO)**  
chargrilled chicken strips, crispy bacon bits, salad

**CHARGRILLED CHICKEN (GFO)**  
creamy leek sauce, mashed potatoes, fine beans, crispy bacon bits

**SWEET POTATO CURRY (GFO V VGO)**  
Thai red curry, steamed wild & basmati rice

**CAJUN CHICKEN PASTA (GFO)**  
chargrilled chicken, penne pasta, spicy tomato cream sauce

**QUORN MEATBALLS (V)**  
penne pasta, tomato & basil sauce

**BREADED COD GOUJON CIABATTA**  
lettuce, tartare sauce, chips

**BEEF OR PLANT BASED BURGER (GFO)**  
4oz burger, shredded lettuce, sliced tomato, chips, salad

**EGGS & AVOCADO (V GFO)**  
2 poached eggs, smashed avocado, 2 slices of bloomer toast

## DESSERTS

**CHOCOLATE SUNDAE (GFO)**  
brownie chunks, chocolate ice cream, chocolate sauce, cream, wafer

**CHERRY BAKEWELL TART**  
cherry coulis

**MANGO CHEESECAKE (VG)**  
toasted coconut, strawberries, mango coulis

## DRINKS

Pepsi Max

Lemonade

Orange Juice, Apple Juice, Pineapple Juice, Cranberry Juice

Belvoir Sparkling

*raspberry lemonade, elderflower, ginger beer*

Heineken 0.0%

Cornish Tea

Cornish Coffee

*cappuccino, latte, flat white, americano, mocha*

Hot Chocolate

## OR UPGRADE TO...

House Wine (Red, white or Rose) 175ml £3.25

250ml £4.25

Prosecco 125ml £3.25

Heineken Schooner (2/3 pt) £2.50

Birra Moretti Schooner (2/3 pt) £2.50

Plymouth Gin & Fever-tree Tonic £3.95

Whitley Neill Rhubarb & Ginger Gin £3.95

GF Gluten free. GFO Gluten free option available on request.  
V Vegetarian. VO Vegetarian option available on request.  
VG Vegan. VGO Vegan option available on request.

Customer Information: Please note that our dishes may contain one or more of the following allergens: Cereal, peanuts, nuts, fish, shellfish, sesame seeds, eggs, milk, soya, celery & celeriac, mustard, sulphur dioxide & sulphates. If in doubt please ask a member of staff.

FOOD HYGIENE RATING



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